SUMMER SPORT 2023 24TH JULY TO 1ST SEPTEMBER









WELCOME TO RUGBY'S SUMMER OF SPORT

The sports and recreation team at Rugby Borough Council are back with a range of sporting activities for you this summer.

This brochure details all the activities we have on offer. And remember, with limited places at all our activities, it's best to book early to avoid missing out.

Book your place now by calling (01788) 533217 or by visiting www.rugby.gov.uk/summersport

Have a great summer of sport.

Tom Parker Sports Development Officer (01788) 533655 tomas.parker@rugby.gov.uk

Rugby Borough Council are committed to the safeguarding and wellbeing of all participants during our activities. All of our sports coaches and activity leaders are DBS checked and qualified.

All our activities are open to children with a disability, but please be aware our coaches and leaders have to supervise activities. Please make sure you provide appropriate personal care for your child if needed.



TABLE TENNIS

Hill Street Youth & Community Centre, Hill Street, Rugby, CV21 2NB **£8 per session**

Dates: Monday 7th August

Monday 14th August Monday 21st August

Time: 10:00am - 12:00 noon

Our table tennis session is suitable for beginners and more experienced players. Our Level 2 coach will deliver skills and games activities to improve your range of shots and table positioning. TABLE TENNIS



TENNIS

Harris Academy Sports Centre, Harris Drive, Rugby, CV22 6BB

£9 per session

Dates: Tuesday 1st August

Thursday 3rd August **Time:** 1pm to 3pm

Our tennis camp is perfect for budding tennis stars to be coached by a Level 3 LTA tennis coach. Each camp will take you through all the shots needed to compete against your friends.

From serving to drop shots and volleying, you'll develop





Leam Valley Golf Centre, Kites Hardwick, Rugby, CV23 8AA

£29



The centre's PGA professional coach reveals all the techniques and shots you need to be the next Rory McIlroy during this three day course. You will use the driving range and par three course, completing more than eight hours of golf tuition. The cost includes hire of equipment, range balls and access to the course. All participants to meet at Leam Valley Golf Centre.

> Suitable for eight to 14-yearolds'



SAILING

SAILING

Draycote Water Sailing Club, Kites Hardwick, Rugby, CV23 8AB **£88**

Dates: Thursday 10th August

Friday 11th August **Time:** 10am to 4pm

** Please bring with you: spare trainers for in the water, swimming costume for under provided wetsuit, towel, packed lunch and sun cream.

This two day course will take you through stage one of the RYA Youth Sailing Certificate. You will learn how to rig a boat before going out on the water and steering and controlling the sails yourselves. The cost of the course includes all safety equipment and wetsuit hire. All participants to meet at Draycote Water Sailing Club.



Visit www.rugby.co.uk/haffun or email tomas.parker@rugby.gov.uk to find out more.















This summer we will be out and about as usual, offering FREE outdoor play sessions and provide exciting, fun and innovative play activities in the Rugby Borough Park!

We have a jam packed schedule with lots to do - from water fights to den making - and each week we will offer a different themed activity to keep it fresh. So for fun with all the family, and a chance to meet new friends in your local park, come and join us to play!

Plan	Range			
lay		SESSION 1 (1pm - 2pm)	SESSION 2 3pm-4pm)	11/
	TUESDAY	Caldecott Park (CV21 2DT)	GEC Recreation Ground (CV22 5ED)	111 113
	WEDNESDAY	Hollowell Way, Brownsover (CV21 1NP)	Millenium Green Park (CV21 3LD)	(11)
	*THURSDAY	Cawston Grange Play Park (CV22 7FY)	King George V Field, Long Lawford (CV23 9AB)	N 1-36

WEEK 1
Starting 24th July

MINI

OLYMPICS

WEEK 2
Starting 31st July

PLAYDAY

WEEK*

WEEK 3
Starting 7th August
NATURE

WEEK 4
Starting 14th August

MAD

SCIENCE

WEEK 5

tarting 21st August
WATER WEEK

WEEK 6

Starting 28th Augustr

Extreme

Sports

*No regular session on 2nd August due to Playday Week

rugbysportandleisure

Find us on facebook for the latest news and sport in Rugby!

Play sessions are designed for children aged 5 to 13 years.

For more information please contact Rugby Borough Council's Play Development Officer on 01788 533655



of epic holiday activities
25 July to September 2023

















